

StepSponsorDA

[These are pages from the 'GreenBack Book Study Guide to Existing D.A. Literature. 2019 edition']

Topic 3: History of DA & AA & Meetings

READING:

- READ "A Brief History of DA", which may be found on www.debtorsanonymous.org under the dropdown menu entitled: "About DA". This piece is also published in the beginning of the second edition of the DA Book: "A Currency of Hope" which can be ordered [here](#). **OR [Click HERE](#) for Text**
- READ the "Foreword to the Second Edition" in the same DA book. This piece refers to the 'San Diego Statement,' a statement of DA Purpose made at the 2006 World Service Conference.
- READ the San Diego Statement. It might be found on the debtorsanonymous.org website, under Fellowship Services. **Then scroll down to select 2006 World Service Conference. (Not available on new website format at this time). [Click HERE](#) for Link of the TEXT TO THIS TOPIC]** "Report from the Chair":

Read the paragraph that begins with the phrase: "Far and above any other issue that faces the DA fellowship today is our need for strong clarity around our primary purpose." (NOTE that your PDF document pagination may show this as page 16).

- READ DA Pamphlet "Meetings".
- OBTAIN the DA Pamphlet 'Record-Keeping' This will be covered in the next Topic

SUPPLEMENTAL READING - (Read on your own, if you have time) Archived Ways and Means Newsletter 2nd Quarter 2010 www.debtorsanonymous.org.

Select Fellowship Services/ The DA Magazine and Newsletter (Downloadable Fellowship Publications)

SCROLL DOWN: Past Issues - WAYS AND MEANS 2nd Quarter 2010

QUESTIONS:

- From the first gathering of possible debtors, how long did it take to finally found (fully start) the fellowship: "Debtors Anonymous"?
- How many different versions of our group were formed before DA was officially founded?
- How was learning the history of the 12-step recovery movement useful to you personally?
- How are the alcoholic symptoms described similar to your own compulsions?
- What are the reasons to attend DA meetings?
- If you have been around DA a while, please share what DA directions you are following, how you keep records and what benefit that is to you?

COMMIT TO ABSTINENCE: STOP INCURRING NEW UNSECURED DEBT.

ACTIONS

Pray for the willingness to work your DA program (DA Bookmark Prayers)

WEEKLY

- Attend at least one solution-oriented **DA meeting** - listen for the DA concepts
- Listen for program-working members of your meetings and ask for their phone numbers or email addresses
- Ask around your "Home" meeting for a sponsor or DA phone partner

ADDITIONAL READING SUPPLEMENT - OTHER SUGGESTED READING ON YOU OWN IF YOU HAVE TIME:

- **AA HISTORY** If you are interested, more on 12-Step recovery and its origins can be found at www.aa.org: "A Brief History of AA": http://www.aa.org/pages/en_US/aa-timeline.
- *Alcoholics Anonymous* (the "Big Book" of AA) chronicles the founders and early pioneers in the preface, "Bill's Story," "Dr. Bob's Nightmare," and the other stories in the section; "Pioneers of AA."

ACTIONS SO FAR:

DAILY:

- One Day at a Time, abstain from new unsecured debt (consider setting a date for your last unsecured debt or your DA Birthday).
- OBTAIN ALL LITERATURE & OTHER ITEMS ON THE READING LIST if you have not done so.

**Free Downloads may be obtained from www.debtorsanonymous.org. Choose the menu on the home page entitled "Getting Started." Then select "Free Literature."

- Other paper pamphlets may be ordered by contacting the DA General Service Office from the DA website www.debtorsanonymous.org. Click the menu: "Fellowship Services." Then choose "Order Literature"
- READ the text of the DA Bookmark: "Just For This Day"
- Call a DA member and read from a piece of DA or AA Literature
- Start keeping a spending record as you spend
- Spend some time on this study each day as you can, at least 15-20 min or more. Let whatever amount of time you have be good enough.

WEEKLY

- FIND at least one solution-oriented DA meeting - listen for the DA concepts

Spend some time on the action items in this study each day as you can, at least 15-20 min or more. ***Let whatever amount of time you have be good enough. Keep coming back.***

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NEXT TOPIC

Topic 4: Record Keeping + Beginning Numbers

READ the DA Pamphlets:

- Record Keeping
- DA Monthly Record Keeper

Obtain a Small Notebook for record-keeping.

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